

# WHITE CROSS NEWSLETTER

January 2025

White Cross Business Park, Lancaster, LA1 4XQ  
[www.whitecrossbusinesspark.co.uk](http://www.whitecrossbusinesspark.co.uk) • 01524 585 360  
<https://whitecrossbusinesspark.co.uk/news/>



## HAPPY NEW YEAR

Welcome back to White Cross. I hope you had a happy and relaxing Christmas and New Year. As always, thank you to the companies who have supported the newsletter with their articles over the past few years, helping to make it the success it is. We look forward to the 2025 editions.

If you have any ideas, concerns, or feedback regarding any of the estate services we provide, please contact me. Additionally, please continue sending your good news stories to Lorraine at [lorraine.corlett@lancashire.gov.uk](mailto:lorraine.corlett@lancashire.gov.uk).

Please note the new parcel locker (adjacent to the onsite post box) operated by YEOP, which works with a number of delivery partners such as UPS, DPD, and Royal Mail. I hope this offers a convenient and secure solution to send and receive parcels while reducing the items in our reception area. We are still working to try and get an Amazon locker on the site.

**Best wishes for 2025 to you all from the Estate Team.**

## LANDLORD INFORMATION/NEWS

### White Cross Business Park Website/Portal

The tenant portal can now be accessed by companies on site by following the link – [www.whitecrossbusinesspark.co.uk](http://www.whitecrossbusinesspark.co.uk) and using the login - whitecross23. This will show the latest site news. If you wish to share any news, promotions, events, or would like your company to be featured in the “spotlight” on the website, please send your news to Get Your Mobi, who design and maintain our website. Contact: [amy@getyourmobi.co.uk](mailto:amy@getyourmobi.co.uk).

### HEALTH AND SAFETY

PAT Testing: Please ensure any electrical equipment brought in from home to your unit is PAT tested.

Alterations to Office: For alterations to office/workshop of an electrical, mechanical, or structural nature, please advise the estate office in order for landlord consent to be given. Contractors must obtain a contractor permit to work from reception prior to any works on site.

### MEETING ROOM HIRE

Did you know we have a meeting room available for tenants to hire for up to 8 people? Please book at reception with Denise: [denise.cartwright@lancashire.gov.uk](mailto:denise.cartwright@lancashire.gov.uk). Charges are £10 per hour or £50 per day.

### CYCLE LOCKERS

Please inform the estate office if your bike locker is no longer required as there is a waiting list for this.

### SHOWER FACILITY

Just a reminder that there is a shower facility on site. Please obtain the codes from reception if required.

### RECYCLING

A reminder to please segregate waste and use the recycling skips.

### VACANT AVAILABILITY

Please contact the estate office on **01524 585360**.



**HOUSECLUB**, based in Cameron House won best estate agent in the North West for the eighth year in a row at the ESTAs National Estate Agency of the Year Awards.

This year they also won best in Lancaster at the British Property Awards and feature in the Best Estate Agents Guide 2025 after being voted in the top 3% in the country for their marketing and sales performance.



# FRASER HOUSE



Fraser House Hub has a new Coworking Community Manager. Natalie Wilson joins the team after an incredible 25-year career working in the outdoors as an Expedition Leader, Mountain Leader and also as a Coach and Facilitator.

She has led groups on high altitude journeys all around the world and also worked on personal and professional development courses for organisations such as the Royal British Legion and Outward Bound.

She has many skills and her experience and knowledge of people management, problem solving and leadership give her an excellent foundation to make the most of this role. Natalie is going to add huge value to the space.

# Welcome to Access to Public Law!

# APL

Access to Public Law

We are thrilled to be one of your newest neighbours and to announce that Access to Public Law has recently moved into 7-1-11 Cameron House in Lancaster.

We're a dedicated law firm, specialising in **Education Law** and **Court of Protection work**, offering high-quality legal services tailored to the needs of our clients.

Our areas of expertise include:

**Education Law:** We support families in navigating the complexities of securing the right educational provision for children and young people with special educational needs. This includes advice and representation for Education, Health, and Care Plan (EHCP) processes, tribunal appeals, school exclusions, and discrimination claims, ensuring that every child has access to the support they need to thrive and achieve independence.



*Anyone who finds themselves stuck in the SEN system as we did would be fortunate to access her services. An outstanding expert and legal professional. Thank you, Imogen, for all you have done for our family."*

**Imogen.jolley@accesstopubliclaw.co.uk**

**Court of Protection Work:** We assist individuals and families in safeguarding the rights and welfare of vulnerable people who lack the capacity to make certain decisions for themselves. This includes representation in cases involving health and welfare decisions, disputes about living arrangements, and ensuring the best outcomes for those under the protection of the court.



*"Bundles of experience' specialising in complex cases concerning capacity and sexual relations"*

**Melanie.varey@accesstopubliclaw.co.uk**

Our leadership team is comprised of two seasoned legal professionals:

- **Imogen Jolley**, a solicitor with nearly 30 years of experience, specialising in education law and working tirelessly to secure the best outcomes for children and young people.
- **Mel Varey**, a highly experienced professional, dedicated to ensuring that we deliver exceptional service and uphold our commitment to supporting vulnerable individuals and families.

We are excited to become part of the White Cross community and look forward to engaging with fellow tenants and neighbours. If you have any questions or require legal assistance, please do get in touch. For more information about our services and team, visit: [www.accesstopubliclaw.co.uk](http://www.accesstopubliclaw.co.uk)

Access to Public Law Ltd is authorised and regulated by the [Solicitor's Regulation Authority](https://www.sra.org.uk/), SRA ID: 8005757.

## White Cross

# the Olive Branch

faith in action



We had our 20th Anniversary on 13th November, and shared a special week of celebration with guests, donors, supporters and referral agencies - reflecting on The Olive Branch's journey and work in the community, as well as the incredible generosity of our community that has supported The Olive Branch's service.

December has been an especially busy month at The Olive Branch, receiving guests and packing emergency food parcels for over 90 households per week. We've been stunned by the amazing response to our Christmas appeal, and so grateful to be able to give out Christmas gift bags to each household who visited us in the weeks leading up to Christmas - filled with mince pies, Christmas puddings, toys for children in families we support, chocolate, and other treats. Alongside this, we've been even more in need of donations of food. Some fantastic collections from groups and individuals have kept us going!

As we enter the New Year, we anticipate that guest numbers will continue to be higher than usual. We'd therefore be really grateful for your continued support with food donations. If you feel able to drop off items to our centre, or our collection point in the Gatehouse Reception, this is always hugely appreciated.

With thanks from The Olive Branch team  
[info@the-olivebranch.org.uk](mailto:info@the-olivebranch.org.uk)  
Unit 8-0-1, Harpers Mill, White Cross Business Park



Funded by  
UK Government



Lancaster &  
Morecambe  
College

## **Environmental Certification for your Business**

17 January 2025 • 9am - 12pm

## **Understanding Carbon Reduction Plans**

17 January 2025 • 1pm - 4pm

## **Supporting & Engaging a Multi-Generational Workforce**

20 January 2025 • 10am - 3pm

## **Mental Health Champion**

21 January 2025 • 9.30am - 4.30pm

## **Food Safety in Catering** Level 2 Award

23 January 2025 • 9:30am - 4pm

## **Time Management**

23 January 2025 • 10am - 4pm

## **Using Facebook MetaSuite to Manage your Social Media Impact**

24 January 2025 • 10am - 4pm

## **Environmental Responsibilities in the Workplace**

Level 1

28 January 2025 • 9am - 4pm

## **Appraisal Skills**

29 January 2025, 10am - 3pm

## **Managing Business Responses to Environmental Challenges ETC Level 2 Award**

3 February 2025, 9am - 4pm

## **Food Allergen Awareness**

4 February 2025, 9.30am - 4.30pm

## **Mental Health Awareness**

4 February 2025, 12.30pm - 4.30pm



Funded by  
UK Government



Lancaster &  
Morecambe  
College

## **Excel Beginners - Multiply \***

5 February 2025 • 9.30am – 4pm

## **Encouraging Gen Z to Thrive in the Workplace**

6 February 2025, 10am - 3pm

## **Introduction to Bookkeeping** Part 1

7 February 2025 • 9.30am - 12.30pm

## **Business Start-up Support Session**

12 February 2025 • 10am - 4pm

## **Communication Skills**

13 February 2025, 10am - 3pm

## **Excel Intermediate - Multiply \***

13 February 2025 • 9.30am – 4pm

## **Introduction to Bookkeeping** Part 2

14 February 2025 • 9.30am - 12.30pm

## **Excel Beginners - Multiply \***

19 February 2025 • 9.30am – 4pm

## **Introduction to Bookkeeping** Part 3

21 February 2025 • 9.30am - 12.30pm

## **Food Safety in Catering** Level 2 Award

20 February 2025 • 9:30am - 4pm

## **Emotional Intelligence in the Workplace**

20 February 2025 • 10am - 3pm

## **CMI Unit 513 Managing Projects to Achieve Results**

20 February 2025 • 9.30am - 12.30pm (over 3 sessions)

## **Excel Intermediate - Multiply \***

25 February 2025 • 9.30am – 4pm



Funded by  
UK Government



Lancaster &  
Morecambe  
College

## **Employee Relations: Handling Grievances and Disciplinary**

27 February 2025, 10am - 3pm

## **Recruitment Skills**

6 March 2025, 10am - 3pm

## **Food Allergen Awareness**

11 March 2025, 9:30am - 4.30pm

## **Improving Employee Engagement in the Workplace**

12 March 2025, 10am - 3pm

## **Excel Advanced - Multiply \***

13 March 2025 • 9.30am – 4pm

## **Encouraging Gen Z to Thrive in the Workplace**

17 March 2025, 10am - 3pm

## **Food Safety in Catering** Level 2 Award

19 March 2025 • 9:30am - 4pm

*\* Funded through the Multiply Project*

For further information

**[ukspf@lmc.ac.uk](mailto:ukspf@lmc.ac.uk) • 01524 521223 • [lmc.ac.uk](http://lmc.ac.uk)**



# LANCASTER

## MANUAL THERAPY

Lancaster Manual Therapy is run by Jenny Reeves and has been based at White Cross since April 2024. Jenny is a manual therapist specialising in soft tissue massage techniques, muscle energy techniques, joint mobilisation techniques and acupuncture and dry needling. She can support and treat MSK injuries, repetitive strain injuries and injuries from traumas including back pain, joint pain, lower and upper extremity pain and neurological symptoms. She also enjoys supporting those with Osteo-arthritis and can help patients pre or post operative with treatment and pre/rehab. In June, Jenny completes her training as an osteopath.

**To contact Jenny please visit:**

**[www.lancastermanualtherapy.co.uk](http://www.lancastermanualtherapy.co.uk)**

LOCATION:  
UNIT 4.2  
HARPER'S  
MILL

To ensure we offer our clients the most comprehensive and bespoke treatment possible, Louise and Jenny work independently and together.

In October, Louise Ann Wilson (Vibrant Matter) was delighted to join Jenny at Lancaster Manual Therapy. Louise is an experienced massage therapist, reflexologist, and scar therapy practitioner who specialises in scar therapy massage, deep tissue massage, myofascial release, and manual lymphatic drainage (non-medical). She supports clients managing everyday aches, pains and stresses, as well as those recovering from surgery, medical treatment, or injury. Louise is also a menopause and wellbeing practitioner.

**To contact Louise please visit:**

**[www.vibrantmatter.co.uk](http://www.vibrantmatter.co.uk)**

**or, email: [vibrantmatter2022@gmail.com](mailto:vibrantmatter2022@gmail.com)**





## HELLO!

We are Paddy and Chris, we have been friends since high school and grew up in Ulverston, Cumbria. After university we went our separate ways, Paddy moved to Washington DC, USA and Chris moved to Lancaster, Lancashire. Years later, Paddy moved back to the UK, and our love for craft beer led us to the idea of opening a craft beer shop and tap house (perhaps after one too many pints).  
Phase one - the beer shop...



## Where are we?

The beer Shop is located at 8-4-1 Harpers Mill, (opposite Rexel), please come in and see us!

Our online shop is also now open, we offer a click and collect service and a free local delivery service on orders over £25.

Nationwide delivery via courier service is also available.

## WELCOME TO PREN

On 13th December 2024 we opened our craft beer shop on the White Cross Business Estate. Our goal is to offer the best selection of beer, cider and spirits from near and far. We take pride in offering a welcoming space for friends and fellow beer lovers to come together and discover some amazing new beers.



PRENBOTTLESANDTAP



MONDAY	CLOSED
TUESDAY	CLOSED
WEDNESDAY	CLOSED
THURSDAY	17:30-19:30
FRIDAY	12:00-19:00
SATURDAY	12:00-19:00
SUNDAY	12:00-16:00